

"What is Aikido?"

July 20, 2012

Whenever I'm asked this question, I like to refer people to this clip from [Budo: The Art of Killing](#), an old documentary which does a terrific job of introducing several Japanese martial arts, including [Judo](#), [Karate](#), [Naginata](#), [Kendo](#), and [Sumo](#).

"Budo: The Art of Killing - Aikido"

Archived from the original at <http://denis.papathanasiou.org/>

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